SWOP – Subject Curriculum Map

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Group						
	Term 1 Beanbags skills (Invasion): Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.	Term 2 Gym – Jumping and balancing Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.	Term 3 Fun with quoits and cones (Athletics) Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.	Term 4 Bats and balls at the circus (Net games) Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils will be encouraged to explore different striking apparatus and attempt to hit a ball towards a given direction.	Term 5 Dance – Weather topic Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. - Pupils should be taught to perform dances using simple movement patterns.	Term 6 Turn taking on holidays (Strike & field) Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to

op fur ski inc and acc	Pupils will be given the oportunity to develop ndamental movement ills, become creasingly competent nd confident and	agility - Pupils should continue to apply and develop a broader range of skills,	- Pupils should continue to apply and develop a broader range of skills,	(Invasion) - Pupils will be given the	and field)	(Athletics)
op fur ski inc and acc	portunity to develop ndamental movement ills, become creasingly competent nd confident and	to apply and develop a broader range of skills,	to apply and develop a broader range of skills,			
the coo ind oth abl cor aga oth phy rar	ccess a broad range of oportunities to extend eir agility, balance and bordination, dividually and with thers. They should be ole to engage in ompetitive (both gainst self and against thers) and co-operative hysical activities, in a nge of increasingly hallenging situations.	learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. - Pupils should be taught to develop balance, agility and co- ordination, and begin to apply these in a range of activities.	learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. - Pupils should be taught to perform dances using simple movement patterns.	opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be taught to: master basic movements including throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities.	 Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination. Pupils should begin to understand the importance of working well within a pair and a small group in order to achieve targets. 	- Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

2	Rule making (Outdoor adventure) Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities.	Sending and receiving (Invasion) Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be taught to: master basic movements including passing and receiving, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities.	Kicking and dribbling (Invasion – Football & Hockey) - Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be taught to: master basic movements including kicking and dribbling, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities.	Group games (Strike & field) - Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations Pupils should be taught to: master basic movements including passing and receiving, as well as developing balance, agility and coordination, and begin to apply these in a range of group based activities.	Striking for accuracy (Net Games) - Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. - Pupils should be shown how to strike a ball or object using a racket, using techniques encouraged to develop balance, control & accuracy.	Movements (Athletics) - Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
3	Dribbling to invade (Hockey and football)	Passing for possession (Invasion – Basketball & Football)	Gym – Symmetrical shapes	Thinking aloud (Outdoor adventure	Striking and exploring (Strike and field)	Being an Athlete (Athletics)

 Pupils should continue	- Pupils should continue	- Pupils should continue	- Pupils will be given the	- Pupils should continue	- Pupils should continue
to apply and develop a	to apply and develop a	to apply and develop a	opportunity to develop	to apply and develop a	to apply and develop a
broader range of skills,	broader range of skills,	broader range of skills,	fundamental movement	broader range of skills,	broader range of skills,
learning how to use	learning how to use	learning how to use	skills, become	learning how to use	learning how to use
them in different ways	them in different ways	them in different ways	increasingly competent	them in different ways	them in different ways
and to link them to	and to link them to	and to link them to	and confident and	and to link them to	and to link them to
make actions and	make actions and	make actions and	access a broad range of	make actions and	make actions and
sequences of	sequences of	sequences of	opportunities to extend	sequences of	sequences of
movement. They should	movement. They should	movement. They should	their agility, balance and	movement. They should	movement. They should
enjoy communicating,	enjoy communicating,	enjoy communicating,	coordination,	enjoy communicating,	enjoy communicating,
collaborating and	collaborating and	collaborating and	individually and with	collaborating and	collaborating and
competing with each	competing with each	competing with each	others. They should be	competing with each	competing with each
other. They should	other. They should	other. They should	able to engage in	other. They should	other. They should
develop an	develop an	develop an	competitive (both	develop an	develop an
understanding of how to	understanding of how to	understanding of how to	against self and against	understanding of how to	understanding of how to
improve in different	improve in different	improve in different	others) and co-operative	improve in different	improve in different
physical activities and	physical activities and	physical activities and	physical activities, in a	physical activities and	physical activities and
sports and learn how to	sports and learn how to	sports and learn how to	range of increasingly	sports and learn how to	sports and learn how to
evaluate and recognise	evaluate and recognise	evaluate and recognise	challenging situations.	evaluate and recognise	evaluate and recognise
their own success.	their own success.	their own success.	- Pupils should be given	their own success.	their own success.
- Pupils should be taught	- Pupils should be taught	- Pupils should be taught	the opportunity	- Pupils should be taught	- Pupils should be taught
to: use running,	to: use running,	to develop flexibility,	to develop some basic	to: use running,	to: use running (long &
jumping, throwing,	jumping, throwing,	strength, technique,	map reading skills as	jumping, throwing,	short distance), jumping
catching and passing in	catching and passing in	control and balance	well as problem solve	catching and passing in	and throwing in isolation
isolation and in	isolation and in	through gymnastics with	and work cooperatively	isolation and in	and in combination as
combination as well as	combination as well as	a focus on creating and	during paired and team	combination as well as	well as play competitive
play competitive games,	play competitive games,	copying shapes and	challenges.	play competitive games,	games, modified where
modified where	modified where	body positions.	_	modified where	appropriate.
appropriate. Pupils	appropriate.			appropriate.	
should also be taught					
the concept behind					
team invasion and how					
dribbling correctly can					
aid a team's success.					

Р	assing and Moving	Dance (Science –	Gym – The symmetrical	Fielding (Strike and field)	Dribbling, movement	Record Breaking
()	nvasion – Netball &	Electricity)	stone age		and Teamwork (Invasion	(Athletics)
b	asketball)			- Pupils should continue	 Hockey and football) 	
		- Pupils should continue	- Pupils should continue	to apply and develop a		
-	Pupils should continue	to apply and develop a	to apply and develop a	broader range of skills,	- Pupils should continue	- Pupils should continue
to	o apply and develop a	broader range of skills,	broader range of skills,	learning how to use	to apply and develop a	to apply and develop a
b	roader range of skills,	learning how to use	learning how to use	them in different ways	broader range of skills,	broader range of skills,
le	earning how to use	them in different ways	them in different ways	and to link them to	learning how to use	learning how to use
tł	hem in different ways	and to link them to	and to link them to	make actions and	them in different ways	them in different ways
а	nd to link them to	make actions and	make actions and	sequences of	and to link them to	and to link them to
m	nake actions and	sequences of	sequences of	movement. They should	make actions and	make actions and
Se	equences of	movement. They should	movement. They should	enjoy communicating,	sequences of	sequences of
	novement. They should	enjoy communicating,	enjoy communicating,	collaborating and	movement. They should	movement. They should
	njoy communicating,	collaborating and	collaborating and	competing with each	enjoy communicating,	enjoy communicating,
	ollaborating and	competing with each	competing with each	other. They should	collaborating and	collaborating and
	ompeting with each	other. They should	other. They should	develop an	competing with each	competing with each
	ther. They should	develop an	develop an	understanding of how to	other. They should	other. They should
	evelop an	understanding of how to	understanding of how to	improve in different	develop an	develop an
	nderstanding of how to	improve in different	improve in different	physical activities and	understanding of how to	understanding of how to
	mprove in different	physical activities and	physical activities and	sports and learn how to	improve in different	improve in different
	hysical activities and	sports and learn how to	sports and learn how to	evaluate and recognise	physical activities and	physical activities and
	ports and learn how to	evaluate and recognise	evaluate and recognise	their own success.	sports and learn how to	sports and learn how to
	valuate and recognise	their own success.	their own success.	- Pupils should be taught	evaluate and recognise	evaluate and recognise
tł	heir own success.	- Pupils should be taught	- Pupils should be taught	to: strike and field in	their own success.	their own success.
-	Pupils should be taught	to perform dances using	to develop flexibility,	isolation and in	- Pupils should be taught	- Pupils should be taught
	o: use running,	a range of movement	strength, technique,	combination as well as	to: use running,	to: use running (long &
	umping, throwing,	patterns as well as	control and balance	play competitive games,	jumping, throwing,	short distance), jumping
-	assing and moving in	comparing their	through gymnastics.	modified where	catching and passing in	and throwing in isolation
-	solation and in	performances with		appropriate.	isolation and in	and in combination as
	ombination as well as	previous ones and			combination as well as	well as play competitive
	lay competitive games,	demonstrate			play competitive games,	games, modified where
	nodified where	improvement to achieve			modified where	appropriate.
	ppropriate.	their personal best.			appropriate. Pupils	appi opriate.
					should also re-view the	
					skill of dribbling as well	
					as the concept of	
					movement and	

					teamwork in order to achieve an overall goal.	
5	Striking and fielding (Cricket) -Pupils should continue to apply and develop existing skills developed throughout striking and fielding modules. This module will focus solely on Cricket related skills, refining and introducing new skills before culminating in game play and competitive scenarios - Pupils will develop skills through mini games covering; catching, fielding, bowling, batting and developing tactical awareness. Lessons will link previous focus to developed practices before introducing a new skill	Rules and concepts (Invasion – Football and Netball) - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. - Pupils should be taught the importance of having rules within a game and how these rules are supposed to facilitate a game's flow. Pupils will be shown what it means to 'invade' from an	Swimming - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success Pupils should be taught to: swim competently, confidently and proficiently over a set distance, use the breast stroke effectively as well as discuss water safety.	Swimming TBC Targets to continue from term 3	Leadership (Outdoor adventure) - Pupils will be given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co- operative physical activities, in a range of increasingly challenging situations. - Pupils should be given the opportunity to learn about the countryside code in terms of respect for people & the environment as well as problem solve, record information and further develop their	Olympic training (Athletics) - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. - Pupils should be taught to: use running (long & short distance), jumping and throwing in isolation and in combination as well as play competitive games, modified where appropriate.

		individual and team based context.			knowledge of orienteering.	
6	Swimming - Pupils should	Continued from term 1	Invasion – Competitive (Netball and basketball)	Dance style – Street dance	Striking and Fielding – Teamwork	Going for gold (Athletics)
	- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to		- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and	- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and	- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and	- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and
	evaluate and recognise their own success.		sports and learn how to evaluate and recognise their own success.	sports and learn how to evaluate and recognise their own success.	sports and learn how to evaluate and recognise their own success.	sports and learn how to evaluate and recognise their own success.
	- Pupils should be taught to: swim competently, confidently and proficiently over a set distance (25 metres), use the breast stroke, front crawl & back crawl effectively as well as discuss water safety.		- Pupils should be taught the importance of having rules within a game and how these rules are supposed to facilitate a game's flow. Pupils should be shown what it means to 'invade' from a	- Pupils should be taught to perform dances using a range of movement patterns as well as comparing their performances with previous ones and demonstrate improvement to	- Pupils should be taught and consolidate the fundamental skills of striking and fielding during mini-games with an emphasis on working as a team in order to achieve success.	- Pupils should be taught the fundamental skills of exploring space, striking and fielding during mini- games with an emphasis on throwing technique in order to improve control, accuracy and power.

	competitive perspective.	achieve their personal best.	